



Question:

Assalaamu 'alaikum

I am a 24 year old female. Recently, I have decided to try my best in fulfilling the laws of Allah Ta'ala. However, I find that I am constantly sad whenever I am alone. When I am with company, I forget the sadness. I feel very lonely. I live alone with my parents and most of my family live far from home. I'm not the type who goes out much and barely have friends to speak to.

I want to get married, however nothing has worked out so far. I do know that everything is in the hands of Allah Ta'ala and I have accepted this.

Also, my mother is constantly finding faults with whatever I do and this has been getting to me. I have tried speaking to her about it in a nice way. However, I am told that I am being disrespectful.

Please advise me with some zikr, etc., or routine I can follow so I do not waste away time over thinking about matters which I have no control over, as well as a du'aa that I can read for getting married.

Answer:

Bismihi Ta'ala

Wa 'alaikumus salaam wa rahmatullahi wa barakaatuh

Respected Sister in Islam

1. Alhamdulillah you are keeping steadfast on deen and not joining the company of people who are engaging in impermissible or inappropriate activities. May Allah Ta'ala grant you steadfastness.

2. Under such circumstances one could feel lonely and sad. This is certainly a sacrifice for the sake of Allah Ta'ala. Allah Ta'ala will reward this very greatly.

3. Daily read some incidents from the Fazaail-e-Aa'maal (Stories of the Sahaabah radhiyallahu 'anhum) of the sacrifices the Sahaabah (radhiyallahu 'anhum) made for Deen and what hardships they underwent. Then reflect on how much ease Allah Ta'ala has blessed you with.

4. Ignore the insults of your mother and try to be even more respectful to her. Although it may be challenging, do it only for the pleasure of Allah Ta'ala. Insha-Allah this will change her ways one day.

5. Daily recite the following at a time when there are no disturbances:
 - a) 100 times istighfaar.

 - b) 100 times durood shareef.

 - c) 100 times third kalimah.

Recite it very consciously – feeling every letter coming out deep from your heart. Do this regularly and see the peace it brings.

Also recite a portion of the Quraan Majeed daily.

6. For marriage, daily recite “Ya Jaami’u Ya Lateefu” 111 times together with durood shareef before and after and then make du’aa. This may be done at any time of the day. However, if possible, try to do it at the time of tahajjud.

May Allah Ta’ala grant you ease in all matters and fulfil all your pious aspirations.

Answered by:

Uswatul Muslimah Panel of ‘Ulama