



If you have food in the refrigerator, clothes on your back, a roof overhead and a place to sleep ... you are richer than 75% of this world.

If you have money in the bank, in your wallet, and spare change in a dish someplace ... you are among the top 8% of the world's wealthy.

If you awoke this morning with more health than illness ... you are more blessed than the million who will not survive this week.

If you have never experienced the danger of battle, the loneliness of imprisonment, the agony of torture, or the pangs of starvation ... you are more blessed than three billion people in the world.

If your parents are still alive and still married ... you are very rare.

If you hold up your head with a smile on your face and are truly thankful ... you are blessed because the majority can, but most don't.

If you can read this message ... you are more blessed than over two billion people in the world that cannot read at all.

Have a good day, count your blessings to thank Allah Ta'ala, and pass this along to remind everyone else how blessed we all are.

*(Courtesy of Al-Balaagh, Karachi)*